

Since time began, scents have been used to enhance, soothe or excite the spirits. What is more evocative than a drift of rose petals on the breeze, or the bracing freshness of piney woods? Chamomile can conjure up tea, home and comfort, while basil can evoke greenness, freshness and spring. How can you experience these and a host of other scents any time of year, simply by opening a bottle? With Nature's Alchemy Essential Oils, a complete line of pure, naturally distilled botanical essential oils.

For centuries, botanical essential oils—highly concentrated, aromatic oils found in herbs, flowers and trees—have been used to anoint the body, ease the sting of a wound, assure a sound sleep, or turn a simple bath into a rejuvenating or relaxing experience. These feather-light, non-greasy oils can be dissolved in alcohol or mixed with other pure vegetable oils to become a unique part of our personal care regimen.

From religious ceremonies to beauty rituals, essential oils were an integral part of everyday life for our ancestors. The medieval Persian physician Avicenna developed the distillation techniques for extracting these delicate, readily evaporating oils from plants.

Extracting these oils (a very small part of the entire plant) is a painstaking, meticulous process. Avicenna's discoveries have stood the test of time; the finest quality oils are still distilled using natural methods. For Nature's Alchemy, we are committed to using only steam-distillation or cold-pressing. Our high-quality oils are scientifically tested for purity and contain no chemical solvents, added alcohol or other extenders.

Our experts at Nature's Alchemy delight in seeking out the rarest desert plants or most exotic tropic foliage to create a rich variety of essential oils. So indulge in a perfumed lotion, try a scented oil massage, or rejuvenate with a refreshing bath. Your mind, body and spirit will thank you.

**NATURE'S ALCHEMY**  
...Combining ancient wisdom and modern science to delight the senses.

**NATURE'S ALCHEMY**  
100% NATURAL ESSENTIAL OILS

*Combining ancient wisdom and modern science to delight the senses...*

Item #	Essential Oil	Botanical Name	C.A.S. #	Specific Gravity	Extraction Process	Country/Origin
565300	Anise	<i>Pimpinella anisum</i>	8007-70-3	0.9870	SD	Various
565301	Basil	<i>Ocimum basilicum</i>	801-5-73-4	0.9000-0.9173	SD	India
565302	Bergamot	<i>Citrus bergamia</i>	688-48-33-9	0.8588-0.8888	CP/PF	Italy
565303	Black Pepper	<i>Piper nigrum</i>	8006-82-4	0.8693	SD	India
565304	Camphor	<i>Cinnamomum camphora</i>	8008-51-3	0.8853-0.8175	SD	China
565305	Cedron	<i>Stemodia cedron</i>	8015-92-7	0.9430	SD	Domestic
565306	Chamomile, Roman	<i>Artemisia nobilis</i>	8002-66-2	0.9020	SD	Domestic
565307	Chamomile, Wild	<i>Omnemiss. nuticulis</i>	8007-80-5	1.045-1.063	SD	China
565308	Cinnamon Leaf	<i>Cinnamomum zeylanicum</i>	8007-80-5	1.045-1.063	SD	Ceylon
565309	Cinnamon Stick	<i>Cymbopogon nardus</i>	801-6-63-5	0.8500-0.920	SD	Various
565310	Clove Bud	<i>Salvia sclarea</i>	8007-34-8	1.0388-1.060	SD	Russia
565311	Clove Leaf	<i>Eugenia caryophyllata</i>	801-3-86-3	1.0388-1.060	SD	Various
565312	Eucalyptus	<i>Cymbopogon nardus</i>	801-3-86-3	0.9200	SD	Various
565313	Fennel	<i>Foeniculum vulgare</i>	8021-29-2	0.9136	SD	Various
565314	Fir Needle	<i>Abies sibirica</i>	8021-29-2	0.8980-0.9210	SD	Russia
565315	Frankincense	<i>Boswellia carteri</i>	8000-46-2	0.883-0.898	SD	Egypt
565316	Ginger	<i>Zingiber officinale</i>	8007-08-7	0.883	SD	China
565317	Juniper Berry	<i>Juniperus communis</i>	8007-68-4	0.854-0.879	SD	Domestic
565318	Lavender	<i>Lavandula officinalis</i>	8007-28-0	0.881-0.880	SD	Various
565319	Lavender Bulgarian	<i>Lavandula officinalis</i>	8008-28-0	0.888	SD	Bulgaria
565320	Lavender French	<i>Citrus limonum</i>	8008-56-8	0.849-0.855	SD	France
565321	Lemon	<i>Cymbopogon citratus</i>	8007-02-01	0.870-0.908	SD	Domestic
565322	Lime	<i>Citrus aurantifolia</i>	8008-26-2	0.855-0.883	SD	India
565323	Mandarin	<i>Citrus aurantifolia</i>	8008-26-2	0.855-0.883	SD	India
565324	Mandarin	<i>Citrus aurantifolia</i>	8008-26-2	0.855-0.883	SD	India
565325	Marjoram	<i>Origanum majorana</i>	8015-01-8	0.91	SD	Italy
565326	Myrrh	<i>Commiphora myrrha</i>	9000-45-7	0.9850-1.014	SD	Various
565327	Nutmeg	<i>Myristica fragrans</i>	8008-57-5	0.8820-0.8460	SD	Various
565328	Oregano	<i>Origanum vulgare</i>	8007-11-2	0.95	SD	Domestic
565329	Palmrosa	<i>Cymbopogon martinii</i>	8014-19-5	0.882	SD	India
565330	Patchouli	<i>Pogostemon odorum</i>	8013-99-8	0.940-0.980	SD	Indonesia
565331	Peppermint	<i>Mentha piperita</i>	8006-90-4	0.928-0.940	SD	Various
565332	Red Thyme	<i>Thymus piperita</i>	8007-46-3	0.896-0.908	SD	Domestic
565333	Rosemary	<i>Rosmarinus officinalis</i>	8000-22-7	0.911	SD	Spain
565334	Sandalwood	<i>Santalum album</i>	8003-55-8	0.8840-0.925	SD	Various
565335	Sandalwood Blend	<i>Santalum album/Santalum spicatum</i>	8006-28-6	0.9630-0.925	SD	Various
565336	Sandalwood Essence	<i>Santalum album/Santalum spicatum</i>	61789-91-1	0.962	CP/SD	Various
565337	Spearmint	<i>Mentha spicata</i>	8016-85-1	0.873-0.8884	SD	Various
565338	Tangerine	<i>Citrus reticulata</i>	8016-85-1	0.917-0.934	SD	Domestic
565339	Tea Tree	<i>Medicula alternifolia</i>	6864-7-3-4	0.8490	CP	Domestic
565340	Vervet	<i>Verbena zanzibarica</i>	8016-96-4	0.890-0.906	SD	Australia
565341	Wintergreen	<i>Gaultheria procumbens</i>	1-1761-182	0.984-1.035	SD	Indonesia
565342	Ylang Ylang	<i>Candanga odorata</i>	8006-81-3	1.1761-182	SD	China
565343				0.9606-0.92	WD	Madagascar

**EXTRACTION PROCESS ABBREVIATION KEY**  
 CP = COLD PRESSED  
 DSD = DOUBLE STEAM DISTILLATION  
 SD = STEAM DISTILLATION  
 WD = WATER DISTILLATION

\*From time to time future lots of oil may not match our quality standards for various reasons, and we will obtain oils from other countries.

We can supply current country of origin information if requested.

**CAUTIONS:**

We hope you enjoy the benefits of our pure essential oils. Since essential oils are highly concentrated, a little goes a long way. They should always be used with care, in small quantities. Educate yourself about the properties and uses of essential oils. Consult a knowledgeable reference for indications and contra-indications before use. If you are uncertain, it is always advisable to use a smaller amount or consult a knowledgeable professional. In the interest of safety, please do not take essential oils internally or use essential oils on children under six years without the advice of a health care professional. Please keep all essential oils out of the reach of children.

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 Distributed by Lotus Brands, Inc.  
 Box 325, Twin Lakes, WI 53181  
 Voice 800.824.6396  
 website: www.naturesalchemy.com  
 email: naturesalchemy@lotuspress.com





## Suggested Uses for essential oils...

### Aromatherapy

Combine essential oils with special massage techniques to relieve stress, soothe the skin or help ease congestion. Many books on aromatherapy techniques can guide you in choosing the right oils to meet your needs.

### Body care

Give your favorite unscented lotions, bath oils, creams and hair care products an exotic lift by mixing in a touch of essential oil. Or give your hair and scalp a refreshing conditioning treatment by placing a few drops of rosemary or lavender oil directly on your natural bristle hairbrush (which also conditions and protects the bristles).

### Crafts

Create a festive mood around the holidays or a sweetly scented mood for spring by "decorating" your home with the fragrance of essential oils. Potpourri, incense, candles and herbal fragrance pillows make unique, personalized gifts. Include a small bottle of essential oil with your potpourri gift, so the recipient can refresh the mixture throughout the year.

### Culinary

Treat yourself to a distinctive natural flavoring in candies and confections. Pure peppermint oil has been used commercially for many years to make candy canes and chocolate mints.

### Environmental Fragrance

Bring your favorite essential oil into your bedroom, bathroom or any room in your home by using a diffuser or by placing a drop of oil on a light bulb before turning it on. This same technique can bring a refreshing reminder of home into a hotel room.

### Inhalation and Facial Steam

Steaming hot water with a few drops of a soothing oil like chamomile can be a wonderfully relaxing way to open the pores before a facial treatment. After adding the oil to the steaming water, place a towel over your head and breathe the steam in deeply for several minutes. Take care not to make the water too hot, and keep your face at least six inches from the steaming water.

### Massage

Enhance the naturally sensuous experience of a massage by adding a few drops of your favorite essential oil to an unscented massage oil. With the appropriate oil, your massage can be relaxing, muscle-soothing or energizing.

### Personal Fragrance

Unwind with a spa-like scented bath by adding a few drops of essential oil to your bath water. Or make your own custom-blended perfume oil by blending a few drops each of your favorite essential oils with a high-quality vegetable oil. Jojoba oil (a plant wax) is highly recommended as the base oil for perfume oils; it will not become rancid and alter your fragrance. Perfume oils are very concentrated and long-lasting; for a less concentrated, lighter scent, make your own perfume by blending essential oils with a pure vegetable-source alcohol.

## The Purity, Quality & Origins

### of our 100% Pure Essential Oils...

We require our essential oil suppliers to verify their testing methods and supply complete quality analysis on each oil. Two of the standards used in identifying and certifying essential oils are the C.A.S. Number and the Specific Gravity of an oil. The chart on the back panel shows both for each essential oil.

The *C.A.S. Number* is an international Chemical Abstract Services number which is assigned to all essential oils. Each number identifies the essential oil of a specific plant which corresponds to the botanical name listed.

The *Specific Gravity* of an essential oil is a measurement of the weight ratio of each oil to water, which has a specific gravity of 1.0. This measurement is one of the main criteria used in verifying the purity of an essential oil.

We also require two additional pieces of documentation for individual oils from our suppliers:

*Certificates of Analysis* document the physical analysis of each batch of essential oil we purchase.

*Gas Chromatograph Scans* verify the chemical constituents of the essential oils and are so sensitive they can detect the presence of solvents if they have been used in the extraction process. This assures us of the high purity of the oils we purchase.

NATURE'S<sup>®</sup>  
ALCHEMY

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ancient wisdom  
and modern science  
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